



Nagindas Khandwala College (Autonomous)



CRITERION 5 - STUDENT SUPPORT AND PROGRESSION

5.1 - Student Support

5.1.3 Capacity Development and Skill Enhancement activities organised for improving students' capabilities

Sr. No	Name of the scheme	Number of students benefitted
1	Soft skills	1,365
2	Language and communication skills	953
3	Life skills	1,628
4	Awareness of trends in technology	2,195
	Total	6,141



Maha
PRINCIPAL

NAGINDAS KHANDWALA COLLEGE OF COMMERCE
ARTS & MANAGEMENT STUDIES AND SHANTABEN
NAGINDAS KHANDWALA COLLEGE OF SCIENCE
(AUTONOMOUS)
MALAD (W), MUMBAI - 400 064.



Nagindas Khandwala College (Autonomous)



CRITERION 5 - STUDENT SUPPORT AND PROGRESSION

5.1 Student Support

5.1.3 Details of Capability Development and Schemes (2022-23)

5.1.3 Life skills (Yoga, physical fitness, health and hygiene)



Ms. Ha
PRINCIPAL
NAGINDAS KHANDWALA COLLEGE OF COMMERCE
ARTS & MANAGEMENT STUDIES AND SHANTABEN
NAGINDAS KHANDWALA COLLEGE OF SCIENCE
(AUTONOMOUS)
MALAD (W), MUMBAI - 400 064.



Nagindas Khandwala College (Autonomous)

Details of Capability Development and Schemes 2022-23

3. Life skills (Yoga, physical fitness, health and hygiene)				
Activity No.	Name of the Capacity Development and Skill Enhancement programme	Date of implementation	Number of students enrolled	Name of the agencies/consultants involved with contact details, if any
1	Yoga Fiesta 2022	7-6-2022 to 9-6-2022, 21-6-2022	109	Mr. Fenil Purohit, Dr. Vidyadayini Shetty- +91 9987075181
2	Master Class. Journey of self Discovery	11-06-2022	63	Mr. Ravikant Sangurde
3	International Yoga Day Celebration	21-06-2022	20	Ms Harsha Jain- +91 8433702150
4	Body Mass Composition Workshop	21-06-2022	11	Dt Ankita Ghag
5	NGO Breastfeeding Activity	03-08-2022 & 04-08-2022	17	Ms Harsha Jain- +91 8433702150
6	Whisper Menstrual Hygiene Workshop	12-08-2022	61 girls	P&G- +91-22-2826-6000 https://in.pg.com/
7	Workshop Impact of Tourism	01.10.2022	37	Aakanksha Mehta
8	A Blend Of Hospitality and Aviation Industry	17.10.2022	42	Deepali Choudhary
9	DIY & Donation of Paper bags	19.10.2022	20	Ms Harsha Jain- +91 8433702150
10	Visit & Donation at Little Angel Orphanage	21.10.2022	18	Little Angel Orphanage- Madh (Malad)- 097693 27170
11	Clothes Donation for Tribal Residents - Aarey Colony	04.11.2022	25	Rotary Club +91-22-22024089, 22024059, rotaryclubbombay1@gmail.com
12	Jeevdani Matimand Vidhalaya CSR activity	11-11-2022	20	Jeevdani Matimand Vidhalaya- +91 0250 232 1334
13	Beach Cleaning	19-11-2022	33	Krushna Shiwal
14	Montage- Giving Voice to Victories	20-12-2022	222	Col. Rajeev Bharwan, Ms Asmi Gandhi, Ms. Preethi Rao- +919892823456
15	Farmers Day Celebration (Healthy Baking Competition and Zero Wastage Poster Making)	23-12-2022	9	Ms Harsha Jain- +91 8433702150
16	Workshop - Make Your Business Idea To Reality - Capt. Salim Mansurri	07.01.2023	108	Capt. Salim Mansuri
17	Two-state tour to Mysore and Ooty	9-1-2023 to 13-1-2023	37	Mrs Preethi Rao- +919892823456



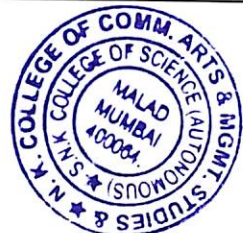
N Datta
PRINCIPAL
NAGINDAS KHANDWALA COLLEGE OF COMMERCE
ARTS & MANAGEMENT STUDIES AND SHANTABEN
NAGINDAS KHANDWALA COLLEGE OF SCIENCE
(AUTONOMOUS)
MALAD (W), MUMBAI - 400 064.



Nagindas Khandwala College (Autonomous)

Details of Capability Development and Schemes 2022-23

3. Life skills (Yoga, physical fitness, health and hygiene)				
Activity No.	Name of the Capacity Development and Skill Enhancement programme	Date of implementation	Number of students enrolled	Name of the agencies/consultants involved with contact details, if any
18	The Art of Photography	17.01.2023	41	Viraj S
19	Beach Yoga	18.01.2023	21	Ms Harsha Jain- +91 8433702150
20	Paushticon 2023 E- conference	27-01-2023 & 28-01-2023	71	Nutrition Society of India, Mumbai Chapter- https://nsimumbai.org/
21	Workshop on Expressive Art Therapy	03-02-2023	40	Shafaq Ansari, +91 7423972222
22	Grooming and Personality development workshop by Gillette	06-02-2023	109	Mr Karan Bachhav
23	Stress and Coping	24.02.2023	197	N.S.S. Unit B-28 in Collaboration with The Department of English of Nagindas Khandwala College- Mr Suresh Shetkar- 9022184192
24	N.S.S. and Personality Development	01.03.2023	197	N.S.S. Unit B-28 in Collaboration with The Department of English of Nagindas Khandwala College- Mr Suresh Shetkar- 9022184192
25	World Water Day	22-03-2023	3	Ms Harsha Jain- +91 8433702150
26	First Aid And CPR Training Workshop	27-03-2023	54	Dr. Manjeet Singh Arora, Fortis Hospital, Mulund https://www.fortishealthcare.com/
27	Community Service in Khanvel Chauda Village	29.03.2023	45	Khushi Holidays Pvt. Ltd- 098201 35820
28	Visit to Vanrai Police station to commemorate World Health Day	11-04-2023	23	Ms Harsha Jain- +91 8433702150
29	Sanjay Gandhi National Park Visit	21-04-2023	18	Ms Harsha Jain- +91 8433702150
30	Creativity in Greens- Celebration of World Earth Day	22-04-2023	18	Ms Harsha Jain- +91 8433702150
	Total		1628	



M Datta

PRINCIPAL

NAGINDAS KHANDWALA COLLEGE OF COMMERCE
ARTS & MANAGEMENT STUDIES AND SHANTABEN
NAGINDAS KHANDWALA COLLEGE OF SCIENCE
(AUTONOMOUS)
MALAD (W), MUMBAI - 400 064.