



NAGINDAS KHANDWALA COLLEGE

OF COMMERCE, ARTS & MANAGEMENT STUDIES
AND SHANTABEN NAGINDAS KHANDWALA COLLEGE OF SCIENCE

(Re-accredited (3rd cycle) by NAAC with 'A' Grade)
ISO 9001 : 2015 Certified
Educational Excellence Award By Indus Foundation, U.S.A.
IMC Ramkrishna Bajaj National Quality Commendation Certificate

Syllabus Along With Course Objectives And

Outcomes Of The Value Added Courses Offered.

DR. (MRS.) ANCY JOSE PRINCIPAL



Nagindas Khandwala College Autonomous

Name of the STC - Certificate Course on Child Care and Child development

Number of Credits – 2

Certificate Course on Child Care and Child development

Course Objectives:

- To attract and encourage learners into the field of child care.
- 2. To understand the basic concepts of psychology in teaching and developing skills of young children,

Course Outcomes:

On successful completion of this course, learners should be able to:

- CO 1: Apply the principles of psychology as teaching methods for developing the personality of young children (Apply)
- 2. CO 2: Understand awareness, learning, and memory process of young children and develop the same (Apply)

Semester 1

Modules at a Glance

Sr. No	Modules	No. of Lectures
1	Introduction to Psychology	07
2	Consciousness	07
3	Learning	08
4	Memory	08 08
	Total	30

Unit 1: Introduction to Psychology

- a) Definition of psychology
- b) Schools of psychology
- c) Contemporary perspectives of psychology
- d) Research methods used to study human behaviour

Unit 2: Consciousness

- a) Definition
- b) Stages of sleep
- c) Importance of sleep
- d) Effects of sleep deprivation

Unit 3: Learning

- a) Classical conditioning
- b) Operant conditioning
- c) Observational learning

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Unit 4: Memory

- a) The three stages of memory
- b) Forgetting and why it occurs
- c) Improving memory

Semester II

Course Objectives:

- 1. To attract and encourage learners into the field of child care.
- To understand the basic concepts of psychology in teaching and developing skills of young children.

Course Outcomes:

On successful completion of this course, learners should be able to:

 CO 1: Understand how motivation, personality, thinking, and health of a child can be developed (Understand)

Modules at a Glance

Sr. No	Modules	No. of Lectures
1	Motivation	07
2	Personality	07
3	Health and Coping	08
4	Thinking	08
	Total	30

Unit 5: Motivation

- a) Definition
- b) Biological motives
- c) Psychological motives

Unit 6: Personality

- a) Definition
- b) Theories of personality (Sigmund Freud, Humanistic theory, Trait theory)
- c) Measurement of personality

Unit 7: Health and coping

- a) Types of conflicts
- b) Coping and types of coping
- c) Health related behaviours

Unit 8: Thinking

- a) Definition
- b) Theories of intelligence
- c) Intelligence tests



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d) Non-verbal intelligence tests

Reference Text book:

Understanding Psychology Robert Feldman, (2014), 12th edition, New York: McGraw Hill publications

Additional books for reference:

Baron, R.A., & Kashler, M.J. (2008). Psychology: From Science to Practice, 2nd edition, Pearson Education Inc., Allyn and Bacon

Ciccarelli, S.K. & White, J. N. (2008). Psychology New Delhi: Dorling Kindersley (India) Private Limited

Lahey, B.B. (2001). Psychology: An introduction, 11th edition, New York: McGraw-Hill Publications

Harry, F. & Steven, A. Statistics concepts and applications, Cambridge, University Press Guildford, J. Fundamental statistics in psychology and education

Paper II Fundamentals of Child Development _ Part I

Course Objectives:

- 1. To attract and encourage learners into the field of child care.
- To understand the basic concepts of child development in teaching and developing skills of young children.

Course Outcomes:

On successful completion of this course, learners should be able to:

- CO 1: Learn about the prenatal development and factors affecting prenatal development (Understand)
- 2. CO 2: Learn about the characteristics of a neonate (Understand).
- 3. CO 3: Understand how the child grows physically (Understand).

Modules at a Glance

Sr. No	Modules	No. of Lectures
1	Fundamentals of Child Development	07
2	Prenatal Development	07
3	Neo natal Development	08
4	Physical Development	08
	Total	30



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Semester 1

Unit 1: Fundamentals of Child Development

- a) Scope of child development
- b) Chief characteristics of developmental phases
- c) Principals of development

Unit2: Prenatal Development

- a) Fundamentals of prenatal development
- b) Three stages of prenatal development
- c) Factors affecting prenatal development
- d) Types of birth and consequences
- e) Prematurity and its consequences

Unit 3: Neo natal Development

- a) Characteristics of neonate
- b) Adjustments of neonate

Unit 4: Physical Development

- a) Meaning and importance of physical development
- b) Factors affecting physical development
- c) Growth cycle in physical development

Semester II

Course Objectives:

- 1. The course is designed to attract and encourage learners into the field of child care.
- To understand the basic concepts of child development in teaching and developing skills of young children.

Course Outcome:

On successful completion of this course, learners should be able to:

- 1. CO 1; Learn about the motor development and factors affecting motor skills (Understand)
- CO 2: Learn about the cognitive development of children (Understand).
- 3. CO 3: Understand how the language and social development of children (Understand).

Modules at a Glance

Sr. No	Modules	No. of Lectures
1	Motor Development	07
2	Cognitive Development	07
3	Language Development	08
4	Social Development	08
	Total	30



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Unit 5: Motor Development

- a) Meaning and importance of motor development
- b) Sequence of motor development
- c) Skills Hands and Legs skills
- d) Handedness

Unit 6: Cognitive Development

- a) Meaning and importance of cognitive development
- b) Theories of cognitive development

Unit 7: Language Development

- a) Meaning and importance of language development
- b) Factors affecting language development
- c) Language development from infancy to late childhood

Unit 8: Social Development

- a) Meaning and importance of social development
- b) Factors affecting social development
- c) Social development from infancy to late childhood

Reference Book:

Ambron, S. Child Development - Richard Press, San Francisco

PRACTICUM

Course Objectives:

To get practical experience in teaching methods through observation

Course Outcomes:

On successful completion of this course, learners should be able to:

- 1. CO 1: Learn about the teaching methods used for young children (Understand)
- 2. CO 2: Learn to prepare mock lesson plans for teaching various concepts (Create)

For semester I and Semeter II learners have to write and submit reports of three observations of teaching methods. The reports should be validated by the teacher of the respective school. Preparation of two mock lesson plans.



